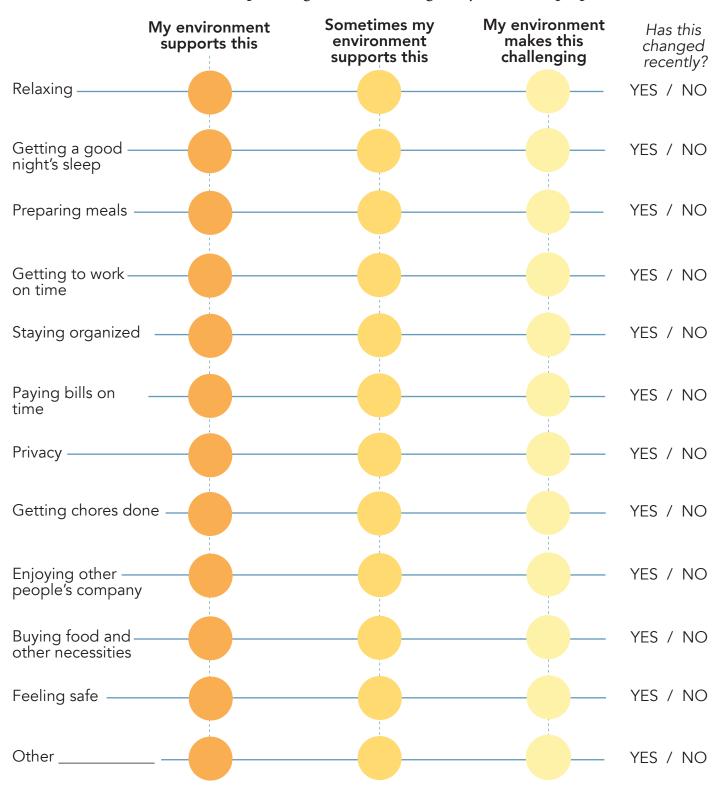
ENVIRONMENT ASSESSMENT

The space you live in can affect your comfort, organization, stress level, and relationships. Sometimes making changes in how you use your space can help with aspects of wellness such as stress reduction, sleep, taking medications regularly, and food preparation.



Is there a part of your environment you would like to change?

YES / NO